



Host a Zero Hunger Intern in 2021



Programming Change: Due to the extreme demands on the emergency food system driven by the COVID-19 pandemic and economic crisis, summer 2021 interns will be placed with community-based organizations focusing on **emergency food response** to the pandemic.

WHY HOST A ZERO HUNGER INTERN?

Zero Hunger Interns are highly motivated individuals with the desire to learn and commitment to ending food insecurity. The internship connects organizations like yours with **passionate emerging leaders**, with an emphasis on recruiting college students with lived experience of hunger and poverty, people of color, first generation college students, and other under-represented groups. By hosting a Zero Hunger Intern, you benefit from the skills and focus of a dedicated anti-hunger leader, while the intern gains new perspectives and valuable paid work experience.

For summer 2021, the Congressional Hunger Center will match interns through a competitive process with host organizations that provide **direct services** to their community. Eligible organizations include:

- State agencies
- Emergency Food Providers
- Foundations
- Community-Based Organizations

We seek placements that provide interns with meaningful work experiences, active supervi-

sion, and opportunities to learn about hunger. To ensure a positive experience for both the intern and the host organization, our staff relies on regular and open communication with supervisors throughout the summer.

When an intern is placed with your organization they complete a work plan that you design as part of your application. Work plans may focus on:

- enrolling people in **federal nutrition programs**,
- managing **volunteer engagement**,
- **fundraising**, or
- other activities that support the **emergency distribution of food**.

Length of placements and start and end dates are set by you and the intern and approved by the Hunger Center, but all placements **must last at least 10 weeks**, and **must include** the range of core program dates from **June 11 to August 20, 2021**.

▲ *The Hunger Center's Hunger Fellows sort donated food in Arlington, Virginia.*

WHAT DO HOST ORGANIZATIONS PROVIDE?

All host organizations are required to provide:

1.) **A 10-week work plan**, which provides the interns with substantive experience and opportunities to integrate themselves into the program team to maximize on-the-job learning. Successful work plans provide a concrete role and well-defined objectives for the intern.

2.) **A supervisor**, who commits to active supervision of the intern. The supervisor manages the

intern's work, and meets with the intern regularly to provide oversight and guidance, assess progress, give constructive feedback, and address difficulties that arise. Supervisors are also the program liaison for the Hunger Center and should be readily accessible to our staff.

3.) **Office space and work equipment** necessary to carry out the work plan, as applicable. Host organizations also cover **cost of work-related travel** for the intern during their placement.

HOW DO I APPLY?

The Hunger Center will begin [accepting applications to host a Zero Hunger Intern](#) on **December 22, 2020**. All applications must be received by **February 8, 2021**. The application includes information about your organization and the team/s that the intern will work with. You will also outline a basic **10-week work plan** and indicate the skills an intern will need to successfully complete it.

We will interview supervisors in **February and March**. If your application is accepted, we will match you with an intern based on your organization's needs and the intern's skills, professional interests, and current residence in your community. Acceptance into the program and intern matches will be announced in April. You and your intern will agree on dates to begin and end the internship, which must be approved by the Hunger Center. Before your intern arrives, you will sign a contract with the Hunger Center on behalf of your organization.

Please contact Samantha Stevens at sstevens@hungercenter.org with any questions. We look forward to hearing from you!

◀ *A mobile market in Birmingham, Alabama*

