



Hosting a Zero Hunger Intern



▲ Zero Hunger Interns at the FRAC Annual Benefit Dinner, June 2019

WHY HOST A ZERO HUNGER INTERN?

Zero Hunger Interns are highly motivated individuals who bring a desire to learn and a commitment to ending domestic and global food insecurity. Students with lived experience of hunger and poverty, people of color, first generation college students, and other under-represented groups are encouraged to apply. A goal of the program is for interns to gain paid work experience while host organizations benefit from participants' skills and work.

The **Congressional Hunger Center** matches interns through a competitive process with host organizations that work on issues of domestic and/or global food insecurity.

Eligible organizations are:

- International and national NGOs with a policy focus,
- U.S. government agencies,
- Multi-lateral organizations,
- Foundations, or
- Private sector entities

Interns work at their organizations for 10 weeks. Intern work plans can focus on **advocacy, research, program implementation, development and fundraising, communications, or operations.**

We seek placements that allow interns to have meaningful work experiences, provide interns with active supervision, and provide interns with opportunities to learn about hunger and public policy. Throughout the summer, we depend on open and meaningful communication with the host site supervisors to ensure a positive experience for both the intern and the host organization.

Zero Hunger Interns work for 10 weeks at a host organization, beginning and ending their internships on dates mutually agreed upon by the host organization and intern and approved by the Hunger Center. The core program dates are June 12, 2020-July 31, 2020, meaning that the latest an intern can begin their internship is June 12, and the earliest they can end their internship is July 31.

HOST ORGANIZATION REQUIREMENTS

- 1.) Host organizations provide 10-week work plans for interns. Work plans should provide the interns with substantive experience and the opportunity to integrate themselves into the program team to maximize learning. Internship placements are most useful to both the intern and the host organization when the intern is given a concrete role and well-defined objectives.
- 2.) Host organization provide a supervisor who can commit to active supervision of the intern. A supervisor manages the intern's work, provides oversight and guidance, and gives regular, constructive feedback. Supervisors should be readily accessible

to Hunger Center staff and the intern and meet regularly with the intern to assess progress, provide guidance, and address any difficulties that arise.

- 3.) Host organizations provide office space, work equipment, and cover the cost of work-related travel for the intern. Host organizations must provide an appropriate workspace and all supplies and equipment necessary for the intern to carry out their work plan.

- 4.) Host organizations are responsible for a site-match of \$1,000 per intern to help cover the cost of an intern's stipend (up to \$5,200).

APPLICATION PROCESS

Host organizations must apply to host a Zero Hunger Intern by **February 21, 2020**. The application opens on January 10, 2020. The application requests basic information about the host organization and team that the intern will work with. It also requires the host organization to outline a basic work plan and indicate the skills an intern will need to successfully complete this work plan.

The Hunger Center will conduct interviews with supervisors in March-April. Once an organization is accepted into the program, the Hunger Center will match interns with host organizations based on the needs of the host organization and the professional interests and skills of the intern. Matches will be

solidified by the end of April. The host organization and intern will then agree on dates to begin and end the internship which must be approved by the Hunger Center. The Host Organization executes a contract with the Hunger Center.

Please contact Samantha Stevens at sstevens@hungercenter.org with any questions.

▼ *Zero Hunger Intern Chido Shamuyarira presents her research project, August 2019*

